

Ascension of Our Lord

Advent Retreat

November 15, 2025 8am-3pm

St. Phillips Fast and the Nativity

Registration Form

Return with payment by November 9, 2025

Make checks Payable to Ascension of Our Lord

Retreat in the memo line

To Registration Envelope in the hall or Mary Jean Sotack

Name: _____

Phone number: _____

Email Address: _____

Lenten Lunch Choice:

Panera Box Lunch with a choice of beverage

_____ **Tuna Salad Sandwich:** country rustic sour dough, tomato and mixed greens

_____ **Mediterranean Veggie Sandwich:** Tomato Basil bread, hummus, feta, tomatoes cucumbers, red onions, mixed greens and zesty peppers